

The Roll Up June 2025



Welcome to our second edition of the Norfolk BC newsletter, which we have named "The Roll Up" following a number of proposals submitted from the last edition, and thanks to Mike Forrest for his idea.

Club News

As the days lengthen and the temperature, hopefully, increases we are now well into the outdoor season with club & county leagues underway. In addition, the national and county competitions have started with our teams, both club and individual making good progress albeit at the expense sometimes of other members.

In the ladies county fours we had two teams qualify for the quarter/semi finals which were played over the last bank holiday weekend at Aldiss Park. Brenda Whitehead's rink were beaten in the quarter final, and regrettably our other four of Ellie Johnson, Jackie Devitt, Nicola Segolo & Sophie Blanche lost by a single shot in their semi final.

This Friday (6th June), should see a full green of top class county competition bowls as the men's singles and women's triples continue, any support would be welcome. In other county news the men's league teams have made good starts and there looks to be a real fight for the Premier title between Norfolk BC A and Downham Market.

Entry forms for **club outdoor competitions** are pinned to the main notice board, and the **closing date is Friday, 20th of June**. Those wishing to enter should fill in the form and leave your entry free along with the form with the bar staff or posted in the rink fee letter box.

Are you free Tuesday mornings? if you have a couple of hours to spare on a Tuesday morning, the club would appreciate some extra hands to help the small group of members who undertake small jobs to keep the site tidy. If you can help please just come along.

Welcome to our new members Angela Kenny, Andrea Barnes, Katie Davis and Paul Nicholls.

Yare Premier League Table

Yare Premier 30-05-25					Shots		
Team	Played	W	L	D	F	Α	Points
Heartsease S.F.	4	4	0	0	297	217	23.5
Hethersett	4	2	2	0	273	233	17
Thorpe Rec	4	3	1	0	270	249	16.5
R G Carters	4	2	2	0	274	228	16
Freethorpe	5	1	4	0	299	365	11
Sprowston	3	1	2	0	201	196	8
NBC 'B'	2	1	1	0	154	123	7.5
NBC 'A'	2	1	1	0	123	154	6.5
H.H. Exiles	2	1	1	0	106	142	6
St Marks	2	0	2	0	85	175	0

It would be good to report on the progress of all our league teams, so can the captains please update us at newsletter@norfolkbc.org.uk

Dates for your diary (please see noticeboard for more details)

Sun 8 th June	EIBA Indoor Competition Entry closing date
Fri 20 th June	Club Competition Entry closing date
Sat 28 th June	Friendly vs Victoria Club (AWAY) @ 2pm some transportation is available
Fri 4 th July	Friendy vs Essex Vice Presidents @ 1:30pm, with tea & biscuits
Sun 6 th July	Friendy vs Norfolk Past Presidents @ 2pm, with tea & biscuits
Tue 8 th July	Indoor Green Closed form 10am to 4pm for electrical testing
Sat 19 th July	Charlie Boon Memorial tournament (see next page)
Sat 2 nd August	Friendly vs Victoria Club (HOME) @ 2pm

Posters, for you to add your names, will be displayed in the outdoor clubhouse or speak to Phil Richards (Club Captain) 07968 276326. Please do your best to support these events.



June 2025 Winners

£50 Phil Burtenshaw £20 Phil Richards £10 Suzanne Edwards

If you wish to join the 200 Club please contact the club or look out for details in the membership renewal pack.

County Representation



A number of club members have been selected to represent the county in National Competitions.

The Ladies Walker Cup team secured qualification for the National Finals in August. Our men have also made up the majority of the Balcomb team, who unfortunately failed to advance to the National Finals.

Club members have also been selected to play in the intercounty Ladies Johns Trophy and Men's Middleton Cup the campaigns commencing this month with a series of round robin games. Details of fixtures can be found on the outdoor county website.

Finally, we also have significant representation in the newly created O60s Mixed inter county competition.



We wish them all the very best of luck as the season continues.



Entries are still open and a small number of slots were still available as we went to press. If you want to enter a team, don't delay ENTER TODAY!

BBQ available all day starting with Bacon rolls from 9am. Burgers and Jumbo Sausages will be available after the second session and throughout the tournament. Please note the BBQ will be Cash only.

If you are able to provide cakes etc. for the cake stall to be sold on the day this would be very welcome, please speak to Janet or Helen if you need any further

Member Spotlight - Brenda Whitehead

Brenda will be known to many members and has been a stalwart club member for many years. Her playing career has many highlights, having represented England, won national championships and been part of many great county and club teams.

This year sees her taking on another county role as the Norfolk Bowls Association President (Ladies), and it's great honour for her in recognition of her work over many years and a great honour for the club.

We asked Brenda about her presidential year



"I am very pleased to be County President after being a member of the club for over 30 years.

We kicked off the season with a fundraising event for the county hosted by the club, holding the President's Pairs Tournament with 18 teams taking part, thanks go to my helpers from the club and the County ladies, together with our own bar team.

As the season and competitions progress events will be held across clubs in the county together with the prestigious inter County John's Trophy matches. Please check the county website for more details of dates and venues as all support will be very welcome.

My charity this year is for the Boudicca breast cancer unit at the NNUH if anyone would like to donate a collection box is at the bar in the outdoor clubhouse.

I hope that all the county and club members have a healthy and enjoyable outdoor season and that I have the opportunity to meet many of you."

We wish Brenda a very happy and successful year as Ladies President and that Norfolk, and naturally the club, has great success in the national championships.



Bar Support - we are looking for a couple of volunteers to man the bar indoors and outdoor on an ad hoc basis for occasional games when the bar would not normally be open, typically weekends.

Anyone interested please contact Jackie Devitt on 07769 328765 in the first instance.

Coaches Corner - Trevor Goddard

Our coaching team of Trevor and Jack continue to be busy and are always available for new or experienced players who may need to brush up on their game.

Etiquette

I know that this item is not strictly Coaching but felt it is well worth inclusion as our collective behaviour around the rinks is very important.

- 1. Players should remain BEHIND the head during play, not in it. Also beware of too much movement and arm waving when a player from the other end is about to bowl, it is distracting!
- 2. When changing ends during play do not stop halfway to have a discussion, presumably about tactics or the state of play, move on in a timely manner. Try to avoid unconsciously drifting in to an adjacent rink when changing ends or following a bowl.
- 3. Celebrating, clapping or cheering a 'wick', however pleased you might be with the outcome is not sportsmanlike. Also overtly waving your teammates bowl on or gesturing for an opponents bowl to stop short or miss is similarly not good sportsmanship.
- 4. Please be aware of a fellow bowler on the next rink who is about to bowl, if he/she is 'ahead of you' allow them to bowl first, it only takes 5/10 seconds, is courteous and may well avoid two bowls clashing!
- 5. Talking amongst yourselves or to someone on the next rink when a player is preparing to bowl is a distraction would you like it?
- 6. Possession of the rink belongs to the player (team) about to bowl from the mat and ends when their bowl has comes to rest Respect this.
- 7. Please turn off your phone when playing or at the very least have it on silent.
- 8. If you have to leave the rink for any reason please inform a member of the opposing team, it's polite.

I am convinced that if we all adhere as best possible to these points the game will be played in a better spirit and we will all enjoy the experience more.

If there is anything you would like to see included in future newsletters, or news items for the website or local press, please contact the club via

email: newsletter@norfolkbc.org.uk

or speak to Carole Slaughter, Helen Jamieson, Trevor Goddard or Chris Taylor.



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